

OUR TEACHERS

I was talking the other day with a kindergarten teacher about her work. Being an excellent teacher, because filled with an innate love for children, her ideas were most interesting and valuable.

Because of her unusual ability as a teacher she had been assigned a class of backward children; children who were dull and stupid and whom it seemed it would be impossible to ever teach anything to.

For weeks she struggled with her class, seemingly making little if any progress. But she had infinite patience and a wealth of human sympathy. Finally those little tots who for weeks had apparently comprehended nothing began to show signs of understanding. First one and then another would grasp the idea she was trying to teach them.

Why was this? I think my teacher solved the problem when she said that these little children were not really stupid, but they were just frightened. They had been brought up in homes where they were continually made to fear everything. Many of them had been treated not only unkindly but cruelly by ignorant, brutal parents until their little brains had become dulled and their intellects stunted from living in such an atmosphere of fright and cruelty.

Pathetic, isn't it, to think that hundreds and thousands of little children are forced to spend their lives in such environments. But isn't it splendid to think of the advantages of the public schools for such children, and the good that is done them by such tireless, sympathetic and loyal teachers as my kindergarten friend. And she is but of thousands like her throughout the country. I wonder if we really appreciate the noble teachers of our land as we should!

YOUR BABY AND MINE

By MYRTLE MEYER ELDRED

Constitution

I am coming to you again for advice. My baby is now almost three months old and is doing fine. Weighs thirteen pounds. I am having trouble with her bowels. She never has a movement without giving her something. I give her two or three doses before it will work. Her stools are healthy. What can I do for her? Do you think what I eat affects her bowels? Is she too young to take orange juice? How shall I give it to her?

Answer

Perhaps by this time you have read the article of last week on constipation and how often it is brought on by the mother. Why not try letting the baby go to bed with her bowels empty? If you do not have a natural movement? Milk of magnesia is far preferable to what you are giving, and orange juice would certainly not be as harmful as that. Give one teaspoon of orange juice diluted with the same of boiled water, one hour before the second morning feeding.

We are able to offer our readers now a new leaflet on feeding. How the baby should be fed from the time he is 7 months to 3 years is included in this slip. Any of the readers of this department may have it by sending a self-addressed, stamped envelope (no loose stamps) and asking for it.

ange juice diluted with the same of boiled water, one hour before the second morning feeding. If you are not constipated the baby should not be affected that way. Do you give water during the day? Do you try putting her on a small cuspidor and holding her there at a certain hour every day, using a suppository or a soap stick to start a movement? All of these methods are better than to give constant physic, and as you yourself admit they do not good.

MOTHERS AND THEIR CHILDREN



COLOR CUT-OUT



For the Child with Pets

One Mother Says: Every child should be taught how to handle pets correctly and should not be permitted to have them unless he picks them up as they should be picked up—a dog and cat by the scruff of the neck, and a rabbit by the ears. Copyright, 1923, Associated Editors.

A CLEAR COMPLEXION

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Dr. F. M. Edwards for 17 years treated scores of women for liver and bowel ailments. During these years he gave to his patients a prescription made of a few well-known vegetable ingredients mixed with olive oil, naming them "Dr. Edwards' Olive Tablets. You will know them by their olive color."

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If you have a pale face, yellow look, dull eyes, pimples, coated tongue, headaches, a listless, no-good feeling, all out of sorts, inactive bowels, you take one of Dr. Edwards' Olive Tablets nightly for a time and note the pleasing results.

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How To Prepare Soups For Children

By Sister Mary

Youngsters of "primary" age must have nourishing, easily digested noon-time luncheons.

Of all foods soup answers these requirements. But the same soup day after day soon fails to attract. Children love change and variety, and a varied balanced ration or diet is considered superior to one of deadly monotony for a healthy growing child.

Unusual nervous strain during the morning school hours often "takes" the appetite. If a child must be forced to eat, the food does little good, but if the appetite is coaxed a bit and responds naturally, the tension relaxes and the child eats with a relish.

Toasted bread sticks of whole wheat bread are excellent to serve with either cream or stock soup. They provide more nourishment than wafers and the crispness of the toast is more wholesome than the softness of plain bread.

These soups may help vary the monotony.

The nourishment of the soup depends on the "stock." This may be of milk or meat. However, the term "stock" always means meat broth. Stock can be made from the bones of rarely cooked meats. This is known as second stock and does not contain the nourishment found in stock made with fresh meat and bones. A highly seasoned stock soup served to stimulate the appetite rather than to provide any amount of nourishment will well be made of these left-overs.

Brown Stock

Either the "plate" or shin of beef is used for making stock. The plate is cheaper, contains more fat and less bone. The shin of beef ordinarily weighs from four to six pounds, without the bone. There is no fat except the marrow in the bone.

Four pounds meat (fat, lean and bone), 8 cups water, 2 teaspoons salt, 1 teaspoon pepper, 2 small onions, 2 coarse outer blades of celery with leaves.

Wipe meat with a damp cloth. Cut lean meat in small pieces. This exposes a larger surface and allows a free escape of juices. Try out marrow and add one-third of the meat. Stir and brown. Remove from fire, add remaining meat, bone and fat. Pour over water and let stand one hour. Bring slowly to the boiling point and let simmer four hours. Add onion and celery cut in small pieces and simmer an hour longer. Add salt and pepper 15 minutes before removing from the fire. Strain through two thicknesses of cheesecloth and set aside to cool. When cool remove fat from top and use as needed.

If the stock is made a day before wanted do not remove the fat until ready to prepare for serving. The fat seals and tends to keep the stock. This stock is less highly seasoned and is not cleared as stock for dinner purposes usually is.

Tomato Soup

Two cups canned tomatoes, 2 cups stock, 6 whole cloves, 1-2 teaspoon salt, few grains pepper.

Simmer tomatoes and cloves in a covered kettle for 15 minutes. Strain and add stock and pepper. Heat to the boiling point and serve.

Serve with tiny cubes of bread toasted on all four sides.

Food for children should be seasoned enough to be palatable but should not be highly flavored.

Rice Soup

Four tablespoons brown rice, 2 cups stock, 1 cup tomato juice, salt and pepper.

Wash rice thoroughly and slowly add to one quart of rapidly boiling water. Boil 10 minutes. Drain and rinse in cold water. Pour over boiling water. Heat stock and tomato juice and when boiling add rice, salt and pepper. Simmer for 30 or 40 minutes, until rice is tender.

The stock used in making a soup that will be of the necessary nourishment for children must be rich and strong. Otherwise a stock soup is mainly a dissolving food.

A soup made with milk is a protein food as well as a liquid. When this kind of soup forms part of the luncheon the rest of the meal should be made up of minerals. Fresh fruit and vegetables rich in iron will round out the meal.

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What South Amboy Women Are Doing

SOUTH AMBOY, Sept. 8.—The weekly card party of the Catholic Daughters of America to be held at the rooms on David street tonight are: Mrs. Catherine Cooney, Mrs. Anna Campbell, Mrs. Margaret Delaney, Mrs. Rose Credico, Mrs. Elizabeth Clark of Perth Amboy, Miss Clara Cusick, Anna Callahan, Frances Callahan, Julia Delaney, Mary Donovan and Alice Duggan.

A meeting of the Ladies Auxiliary to the Brotherhood of Railroad Trainmen will be held tomorrow night at Welsh's hall on First street.

On Thursday evening of this week the Ladies Aid Society of the First Baptist church will hold a dinner in the lecture room of the church. Dinner will be served from 5 to 8 o'clock.

Ostrich Feathers

Ostrich feathers are used instead of fur to trim the collars of the new evening frocks.

FOR TABLE USE

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Rummage Sale Success

One hundred and ten dollars was realized from the rummage sale held recently under the direction of the Woman's Guild of St. Peter's church. There will be a regular meeting of the Guild Wednesday afternoon instead of Friday. Plans for the banquet to be held on November 1 will be completed at this time. The banquet will be held in honor of their 25th anniversary.

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KEYPORT LITERARY CLUB HAS OPENING OF A BUSY SEASON

KEYPORT, Oct. 8.—The Keyporter 2. Literary Club met Friday afternoon at the home of Miss Anna H. Bedle, this meeting being the first of the season, which is the club's thirty-first. A business session proceeded the program during which the president, Mrs. Edgar T. Hoose, announced that she would attend the president's luncheon and conference at the invitation of Mrs. Helen Prickett of Metuchen, the third district vice president.

Miss Mary S. Daniels, of Ocean Grove, accepted an invitation to be present with the club Friday, November 2.

Since the club recently voted to donate the sum of \$100 toward the music fund, now being raised by the club women of New Jersey toward the establishment of a music room at the Women's College at New Brunswick, it was decided to hold a card party in the library on the evening of Thursday, October 25.

Other events will be held by the club to assist in raising this amount. The club was invited to the fall conference of women's clubs to be held at Wallace Hall, Newark, on Tuesday, October 9.

The program of the day in charge of Miss Josie A. Brown was of particular interest and included the following numbers, the program being "Patriotic Poems of New Jersey." Ode to New Jersey by the club members; Readings—"Our Glorious State-Ward, Washington's Victories in New Jersey," Anon. "The Bower"—Guest, Mrs. Fred C. Ozden; The Ballad of Daniel Bray Fulton, Mrs. E. H. Cherry; Reading for Miss Margaret Bedle; Mollie McGuire at Monmouth—Collins—Mrs. Angelos Webster; "The Spur of Monmouth"—Morford, Mrs. W. F. Stanhope; "Mollie Pitcher of Monmouth"—Mrs. C. Leon Garrison; Reading for Mrs. J. Leon Schanck; "Rhode Farrand"—Hunter, Mrs. Earl H. Cherry; "Sir Harry's Invasion, Frenau—Mrs. William H. Emmons; Ballad of Sweet E.—Clond Mrs. C. Leon Garrison; Song—Auld Lang Syne—club members.

Mrs. George S. Hyer was the accompanist and Mrs. William H. Emmons song leader.

Following the delightful program a social time was enjoyed and many refreshments served by the hostess, assisted by Miss Belle Bedle, Mrs. Henry Chinery, Mrs. Harry Brown, and Mrs. Brewington, of Reo, Ill.

Guests of the afternoon included Mrs. Brown, Mrs. Chinery, Miss Bedle and Mrs. Cordelia Bedle.

Among the club members present were Mrs. J. C. Anderson, Mrs. Fred F. Armstrong, Miss Anne H. Bedle, Mrs. Harvey S. Bedle, Mrs. W. E. Biberbach, Mrs. O. C. Bonardus, Mrs. Harvey Bonner, Mrs. J. P. Brower, Mrs. Phelps Cherry, Mrs. Earl Cherry, Mrs. William H. Emmons, Mrs. S. Holmes, Mrs. Edgar T. Hoose, Mrs. John W. Keouch, Mrs. Norman B. Lockwood, Mrs. J. Arch Mac Ewen, Mrs. Fred C. Ozden, Mrs. J. E. D. Silcox, Mrs. William F. Stanhope, Mrs. George S. Hyer, Mrs. H. T. Hopkins, Mrs. A. Stillwell Van Buskirk, Mrs. W. S. Wallace, Mrs. James T. Walling, Mrs. L. Brower Walling, Mrs. H. O. Walling, Mrs. Angelo Webster, Mrs. John T. Wyckoff.

Mrs. A. Stillwell Van Buskirk will be the hostess to the club on Friday afternoon, October 19th. The program of the afternoon will include an exhibit of hand blocked and printed cottons.

Music: Foreword, Mrs. William T. Van Mater; Music: Hand-block printing, Mrs. Charles C. Crawford; Description of exhibits—Mrs. J. C. Anderson.

The handicraft department of which Miss Margaret Bedle is chairman will meet on the first Thursday afternoon in November at the home of the president, Mrs. Edgar T. Hoose. At this meeting sewing wax work will be taught by the chairman.

ALL FAT PEOPLE SHOULD KNOW THIS

Fat people owe a debt of gratitude to the author of the new famous Margnola Prescription, and are still more indebted for the reduction of this harmful, effective obesity remedy to tablet form. Margnola Prescription Tablets can be obtained at all drug stores the world over at the reasonable price of one dollar for a case. You can secure them direct on receipt of price from the Margnola Co., 413 Woodward Ave., Detroit, Mich. This new leaves no disagreeable taste, no laxative or disgusting greases and salves, for the reduction of the overfat body to normal—Adv.

Dissolve Bluing

Use bluing that dissolves in the water and it will not leave streaks on your clothing.

Paper and String

Always keep a roll of wrapping paper and a box of string with your kitchen supplies.

Coffee Ice Cream

Use essence of coffee instead of vanilla for flavoring your ice cream if you wish a pleasant change.

Utility and Beauty

Earthen crockery food containers are the most practical for storing food and they actually have a decorative value as well.

Tassels on Coats

Long tassels are used effectively on coat dresses for winter. They are usually black, but occasionally gold or silver ones are seen.

Fur Tie

An unusual frock has a narrow band of fur outlining the bateau neckline which is tied in a smart bow on the shoulder.

Proper Skirt Length

Eight inches from the floor is considered the right length for the afternoon frock. Those for evening may be longer or shorter as they choose.

Gorgeous Vests

Vests of the most gorgeous colors in plain and figured materials show beneath the smart tailcoats worn by the most fashionable tailors and dressmakers.

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What Perth Amboy Women Are Doing In Club Activities

The Rosary Society of St. Mary's church are planning to hold a rummage sale sometime this month. Anyone having any articles for the sale will notify Mrs. Joseph Van Syckle, and she will arrange for transportation.

Cards will begin at 2:30 o'clock sharp, tomorrow afternoon at the first of a series of card parties to be held under the direction of Menorah Chapter, Order of Eastern Star, Bridge, five hundred, and pinocle, euchre and whist will be the games in play. Attractive prizes will be awarded. Tickets may be procured from any member of the lodge, or at the door.

There will be a meeting of the Ways and Means Committee of the Catholic Daughters of America, in the Knights of Columbus home, in High street tonight. All members of the committee are asked to be present, as important business will be discussed.

The Ladies Aid Society of the First Baptist church will hold a rummage sale at 433 State street near the Polish church tomorrow. Anyone having any articles for the sale will communicate with Mrs. H. P. Ward, and she will arrange for transportation.

The Philathea Society of the First Baptist church will hold their regular meeting tomorrow night, at the home of Miss Juliet McHose, in 267 McClellan street. It is most important that all members be present, as plans for the Christmas bazaar will be completed. The dolls which were given out during the summer months to be dressed must be handed in at this meeting.

The Home for the Aged auxiliary will hold a rummage sale at 243 State street tomorrow. Anyone having any articles for the sale will notify the home and transportation will be arranged.

The D.D.D.'s Club have all arrangements complete for their annual picnic to be held in the Western Improvement Association Hall, on November 8. The Royal Serenaders have been secured to furnish the music for the occasion. Tickets may be procured from any member of the club or at the door.

Mrs. Louis Neuberg and Mrs. Schulze made high scores for the afternoon at the regular weekly card party of the Ladies' Auxiliary of the Raritan Yacht Club, held in their club rooms in Water street, Friday afternoon. The regular business meeting of the auxiliary was postponed.

The last bit of sentiment many a woman ever gets is her wedding cake.

Men, likewise, after marriage, would put a very different question to girls from the one they asked them to fill in before marriage. They wouldn't bother so much with the state of a girl's heart as they would with her head, and health, and her disposition. They wouldn't be so anxious to know whether a woman would promise to love them forever as they would be to know whether she would learn to keep house and live within their income, and what she thought about children, and whether she was cheerful and commonsensical, or morbid and whiny.

It's a great pity that young people don't ask the really vital questions of each other before marriage. They wouldn't bother so much with the state of a girl's heart as they would with her head, and health, and her disposition. They wouldn't be so anxious to know whether a woman would promise to love them forever as they would be to know whether she would learn to keep house and live within their income, and what she thought about children, and whether she was cheerful and commonsensical, or morbid and whiny.

Perhaps the reasons that second marriages are so often successful because widows and widowers put the right questions after each other before marriage.

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BROADCASTS

By LORE KELLY

"Now Is The Time"

Grandmothering as an occupation appears to have come out of fashion. When political activities begin to bubble you will no longer find it to be a stag party, for since the Nineteenth Amendment women have been taking a hand in things to some account.

They aren't as a rule, young women, either. They have reared their families, they have no need to "break in." As it were, on either a job or a husband, and thus, have the leisure to study political issues and candidates.

They bring to the questions under consideration thoughtful, trained minds. They have acquired a working set of values for they have learned in life's school.

In the old days grandmothers mostly were forced to take up secondary career of motherhood when their grandchildren were born. What was grandmother good for if not to nurse little Willie through the measles or Sarah Jane through the whooping-cough? The sentimental picture of Grandmother rocking the babies has vanished, largely because daughter, being a scientific mother herself, knows that rocking is bad for babies, and besides Grandmother is too busy at a committee meeting to do it.

Maybe the day will soon be at hand when the line that is practiced on the typewriter will read like this: "Now is the time for all good grandmothers to come to the aid of the party."

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DOROTHY DIX'S COLUMN

The Vital Questions That Are Asked by Lovers in the Early Stages of Engagement Would Be Different If They Could See With Married Eyes

DID you ever think how different would be the questionnaires that a man and woman would propound to each other after marriage from the one that they submitted to each other before marriage?

The lovers' catechism concerns itself entirely with the state of the affections of the party of the other part. Each asks the other: "Are you sure that you love me eternally and unalterably? Will you swear that you never loved before? Will you love me as well when I am old and fat as you do now when I am young and slim and beautiful? Are you certain I am your ideal and your realization of your young dream? If it is really, truly true that you could not live without me and that you would perish of a broken heart if anything should happen to me? Will you swear never to marry again if I die?"

All of this is a mass of gooey flubdub and lies. Every man and woman, with an intelligence above that of a low-grade moron, knows that no human being can prophesy as to the vagaries of his or her heart, or foretell how long any love is going to last. Nor can any one promise with any certainty of being able to keep the promise that he or she will continue in love with the same individual perpetually.

That depends on circumstances, and whether the party of the other part continues to exercise the same fascination, and keeps himself or herself lovable. We have all seen too many couples who were made about each other one year, and at each other the next year, to have overmuch confidence in the lasting quality of love.

Therefore, in spite of their lovers' vows, most people marry with their fingers crossed, trusting to luck that their affection for each other will hold out.

Looking back from the pinnacle of wisdom which a woman reaches after a few months of matrimony, she wishes that she had concerned herself more about the state of the stomach of the man she was going to marry instead of inquiring so much into the state of his heart. If she had it to do over again she would not ask him so much about whether he really, truly loved her as she would about what sort of a digestion he had.

For she has found out that it is no comfort to a woman for her husband's heart to be true to her if his liver is only hitting on one cylinder and that the knowledge that a man worships you in his secret soul matters little if he is a grumpy and grouchy dyspeptic who has always a dark brown taste in his mouth, and sees life through bilious glasses.

Nor would a woman, if she had it to do over again, waste her time asking a man if he had ever loved before and if he was certain he would never love again. She would get his views on the money question, and find out whether he considered a wife a partner, entitled to receive a fair and a just compensation for her labor as wife and mother, and housekeeper, and social secretary, and purchasing and disbursing agent, or whether he held that a wife should work for ten hours a day for her board and clothes, and come like a beggar to him for every penny required for the household expenses.

Lots of wives would be mighty glad to cash in their husbands' alleged devotion to them for a couple of dollars that they could spend as they pleased, without having to render him an itemized account of what they did with the money.

Nor, if she had it to do over again, would a woman worry herself trying to find out whether her husband would marry again if she should die. She would be far more interested in attempting to ascertain how he was going to treat her while she was alive, and whether he thought a wife was a human door-mat whose proper function was something for a man to wipe his feet on, or whether he regarded a wife as a parlor ornament to be cherished, and prized, and admired.

The last bit of sentiment many a woman ever gets is her wedding cake.

Nor, if she had it to do over again, would a woman make the man she was going to marry perjure himself about loving her forever and ever, and would get right down to brass tacks and ask him how his love was going to register, as the movie people say, in everyday life as they went along. She would ask him if he was going to be tender to her. If he was going to be kind. If he was going to be sympathetic. If he was going to do something actively to make her happy, or he was going to be one of the men who seem to think that just being married to him is plenty enough for any woman, and that she should never expect a compliment, or desire any show of appreciation, or want to go to any place of amusement, or look for a busy man to show her any attention.

Men, likewise, after marriage, would put a very different question to girls from the one they asked them to fill in before marriage. They wouldn't bother so much with the state of a girl's heart as they would with her head, and health, and her disposition. They wouldn't be so anxious to know whether a woman would promise to love them forever as they would be to know whether she would learn to keep house and live within their income, and what she thought about children, and whether she was cheerful and commonsensical, or morbid and whiny.

It's a great pity that young people don't ask the really vital questions of each other before marriage. They wouldn't bother so much with the state of a girl's heart as they would with her head, and health, and her disposition. They wouldn't be so anxious to know whether a woman would promise to love them forever as they would be to know whether she would learn to keep house and live within their income, and what she thought about children, and whether she was cheerful and commonsensical, or morbid and whiny.

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MOTHERS OF FAMOUS MEN

By MARY ADRIAN

THE MOTHER OF JAMES A. GARFIELD

A woman with every high characteristic of birth and temperament, a woman suited by nature and circumstances to be the mother of a leader of men, was Eliza Ballou Garfield